

Pl	Stnr	Name	Zeit																		
D12 (2)				1,9 km 35 Hm					8 P												
				1(69)	2(70)	3(63)	4(71)	5(72)	6(73)	7(64)	8(76)	Ziel									
1		Anna Knaup	27:34	1:58	5:22	7:13	9:36	12:28	22:47	25:36	26:58	27:34									
		Braunschweiger MTV		1:58	3:24	1:51	2:23	2:52	10:19	2:49	1:22	0:36									
2		Hanna Stark	29:28	1:28	4:13	9:20	11:35	14:26	24:47	27:34	29:00	29:28									
		MTV Seesen		1:28	2:45	5:07	2:15	2:51	10:21	2:47	1:26	0:28									
H14 (2)				2,4 km 60 Hm					9 P												
				1(68)	2(31)	3(32)	4(50)	5(62)	6(65)	7(67)	8(52)	9(45)	Ziel								
1		Andreas Ortmann	1:00:24	5:43	7:10	21:15	34:30	38:05	42:00	49:41	53:19	58:45	1:00:24								
				5:43	1:27	14:05	13:15	3:35	3:55	7:41	3:38	5:26	1:39								
2		Julian Gärtner	1:44:24	2:39	4:09	47:45	1:09:55	1:14:55	1:19:00	1:27:09	1:33:05	1:42:39	1:44:24								
		MTK Bad Harzburg		2:39	1:30	43:36	22:10	5:00	4:05	8:09	5:56	9:34	1:45								
D14 (5)				2,4 km 60 Hm					9 P												
				1(68)	2(31)	3(32)	4(50)	5(62)	6(65)	7(67)	8(52)	9(45)	Ziel								
1		Katharina Lorenz	35:20	3:19	4:19	9:36	14:39	17:21	24:19	28:11	31:10	33:52	35:20								
		SV Hildesia Diekholz		3:19	1:00	5:17	5:03	2:42	6:58	3:52	2:59	2:42	1:28								
2		Romy Frank	36:59	3:16	4:47	12:17	17:53	20:52	26:05	29:54	33:18	35:42	36:59								
		SV Hildesia Diekholz		3:16	1:31	7:30	5:36	2:59	5:13	3:49	3:24	2:24	1:17								
3		Sania Stamer	39:04	7:16	8:15	13:50	18:35	21:13	28:17	32:05	35:02	37:47	39:04	4:46	5:14						
		SV Hildesia Diekholz		7:16	0:59	5:35	4:45	2:38	7:04	3:48	2:57	2:45	1:17	*70	*70						
4		Stine Bruns	42:59	3:18	4:59	18:13	23:59	26:43	31:33	35:23	39:18	41:42	42:59								
		MTK Bad Harzburg		3:18	1:41	13:14	5:46	2:44	4:50	3:50	3:55	2:24	1:17								
		Andzhelina Andrieiev	N Ang																		
		Braunschweiger MTV																			
H12 (4)				1,9 km 35 Hm					8 P												
				1(69)	2(70)	3(63)	4(71)	5(72)	6(73)	7(64)	8(76)	Ziel									
1		Konstantin Lorenz	24:14	1:58	4:47	7:23	8:53	10:01	12:14	22:27	23:35	24:14									
		SV Hildesia Diekholz		1:58	2:49	2:36	1:30	1:08	2:13	10:13	1:08	0:39									
2		Espen Liebing	26:05	2:08	10:15	12:29	14:57	16:50	20:35	23:44	25:18	26:05									
		Bovender SV		2:08	8:07	2:14	2:28	1:53	3:45	3:09	1:34	0:47									
3		Nicolas Schiller	33:33	3:02	7:03	13:40	15:28	21:17	28:11	31:20	32:37	33:33	2:39:10	2:39:27	2:39:41						
		MTV Seesen		3:02	4:01	6:37	1:48	5:49	6:54	3:09	1:17	0:56	*31	*32	*33						
				2:41:01	2:41:11	2:41:56	2:42:20														
				*35	*36	*37	*38														
		Erik Bruns	N Ang	-----	-----	-----	-----	-----	-----	-----	-----	19:23	4:22	7:47	12:09						
		MTK Bad Harzburg		-----	-----	-----	-----	-----	-----	-----	-----	19:23	*57	*62	*58						
				17:09	18:37																
				*42	*100																
D16 (5)				3,4 km 110 Hm					16 P												
				1(59)	2(31)	3(60)	4(61)	5(32)	6(50)	7(62)	8(51)	9(57)	10(40)	11(53)	12(42)	13(45)					
				15(52)	16(43)	Ziel															
1		Jule Weigert	46:17	3:01	4:26	6:00	7:46	15:06	17:57	20:22	23:26	24:47	29:56	34:05	34:54	39:38					
		TV Jahn Wolfsburg		3:01	1:25	1:34	1:46	7:20	2:51	2:25	3:04	1:21	5:09	4:09	0:49	4:44					
				41:01	43:54	46:17															
				0:25	2:53	2:23															
2		Rut Stark	47:04	4:48	6:29	7:54	9:43	15:00	17:50	20:05	22:49	24:03	30:05	34:28	35:33	39:26					
		MTV Seesen		4:48	1:41	1:25	1:49	5:17	2:50	2:15	2:44	1:14	6:02	4:23	1:05	3:53					
				41:13	44:18	47:04															
				0:29	3:05	2:46															
3		Svitlana Konstantyn	55:16	2:41	4:43	7:12	9:50	16:49	20:21	23:30	27:35	29:42	36:38	41:27	42:27	47:25					
		OLV Uslar		2:41	2:02	2:29	2:38	6:59	3:32	3:09	4:05	2:07	6:56	4:49	1:00	4:58					
				49:26	51:24	55:16															
				0:34	1:58	3:52															
4		Lamis Mousa	1:01:13	5:15	7:22	9:00	11:40	19:33	22:42	26:53	30:35	32:16	40:38	47:24	48:34	54:18					
		OLV Uslar		5:15	2:07	1:38	2:40	7:53	3:09	4:11	3:42	1:41	8:22	6:46	1:10	5:44					
				56:38	58:12	1:01:13															
				0:29	1:34	3:01															
5		Jette Körber	1:16:26	15:20	18:08	21:33	24:23	32:31	36:36	40:45	45:00	47:07	54:48	1:00:37	1:01:54	1:08:07					
		OLV Uslar		15:20	2:48	3:25	2:50	8:08	4:05	4:09	4:15	2:07	7:41	5:49	1:17	6:13					
				1:10:33	1:12:47	1:16:26															
				0:43	2:14	3:39															
								*63	*68												
H16 (5)				4,3 km 190 Hm					15 P												
				1(54)	2(58)	3(55)	4(38)	5(56)	6(50)	7(32)	8(31)	9(57)	10(40)	11(41)	12(42)	13(45)					
				15(43)	Ziel																
1		Erik Urzua Wöhrer	1:05:59	3:48	6:50	11:58	16:50	20:13	27:24	30:27	37:50	41:30	47:14	50:51	54:02	59:33					
		TV Jahn Wolfsburg		3:48	3:02	5:08	4:52	3:23	7:11	3:03	7:23	3:40	5:44	3:37	3:11	5:31					
				1:03:12	1:05:59																
				2:30	2:47																
2		Hannes Möhring	1:12:56	13:59	18:59	23:55	27:13	30:33	38:49	41:37	46:12	49:37	54:53	57:54	1:02:57	1:06:35					
		TV Jahn Wolfsburg		13:59	5:00	4:56	3:18	3:20	8:16	2:48	4:35	3:25	5:16	3:01	5:03	3:38					
				1:10:33	1:12:56																
				2:49	2:23																
								*51	*62	*68											

Pl	Stnr	Name	Zeit													
H16 (5)					4,3 km 190 Hm			15 P			<i>(Forts.)</i>					
			1(54) 15(43)	2(58) Ziel	3(55)	4(38)	5(56)	6(50)	7(32)	8(31)	9(57)	10(40)	11(41)	12(42)	13(45)	
3		Johannes Gurtmann TG 1860 Münden	1:16:09	9:58 9:58 1:14:23	14:09 4:11 1:16:09	19:20 5:11	22:51 3:31	26:14 3:23	35:43 9:29	38:26 2:43	51:35 13:09	55:20 3:45	1:00:58 5:38	1:03:52 2:54	1:08:00 4:08	1:11:43 3:43
4		Maik Schweizer MTV Seesen	1:18:08	1:53 11:55 11:55 1:16:24 1:50	1:46 16:21 4:26 1:18:08 1:44	21:30 5:09	25:00 3:30	28:09 3:09	38:08 9:59	40:34 2:26	53:39 13:05	56:52 3:13	1:02:35 5:43	1:05:53 3:18	1:09:31 3:38	1:13:40 4:09
		Leif Liebing Bovender SV		N Ang												
D18 (4)					4,3 km 190 Hm			15 P								
			1(54) 15(43)	2(58) Ziel	3(55)	4(38)	5(56)	6(50)	7(32)	8(31)	9(57)	10(40)	11(41)	12(42)	13(45)	
1		Lada Konstantynova OLV Uslar	1:23:18	4:20 4:20 1:20:02 2:30	9:53 5:33 1:23:18 3:16	15:56 6:03	31:24 15:28	35:50 4:26	45:03 9:13	48:39 3:36	55:44 7:05	59:33 3:49	1:05:49 6:16	1:09:11 3:22	1:11:09 1:58	1:16:22 5:13
2		Karla Breckle Bovender SV	1:25:52	6:46 6:46 1:21:35 4:01	12:33 5:47 1:25:52 4:17	18:52 6:19	21:28 2:36 5:46 51:28 *68	27:14 5:46	38:09 10:55	42:08 3:59	50:10 8:02	55:52 5:42	1:03:42 7:50	1:08:08 4:26	1:10:28 2:20	1:16:06 5:38
3		Anna Weigert TV Jahn Wolfsburg	1:34:38	6:24 6:24 1:31:45 2:09	13:50 7:26 1:34:38 2:53	25:32 11:42	27:54 2:22 1:00:51 *68	35:40 7:46 1:02:05 *69	45:09 9:29 1:22:31 *93	49:06 3:57 1:28:57 *96	59:28 10:22	1:05:44 6:16	1:13:25 7:41	1:17:49 4:24	1:23:38 5:49	1:28:06 4:28
		Roza Burdukova Braunschweiger MTV	Fehlst	----- ----- 43:43 8:13	----- -----	----- -----	----- 2:57 *59	----- 10:45 *60	----- 15:42 *61	----- 23:48 *51	7:33 ----- 7:33 36:29 *93	----- -----	----- -----	----- -----	35:30 27:57	-----
H18 (1)					5,0 km 230 Hm			18 P								
			1(47) 15(43)	2(31) 16(45)	3(32) 17(44)	4(35) 18(46)	5(34) Ziel	6(33)	7(48)	8(38)	9(49)	10(50)	11(51)	12(40)	13(66)	
1		Maciej Biernat Ski-Club Helsa	2:16:27	4:25 4:25 2:08:33 19:37	7:04 2:39 2:13:09 3:36	12:44 5:40 2:13:35 1:26	17:34 24:50 2:15:06 1:31	20:06 2:32 2:16:27 1:21	43:09 3:03	54:35 11:26	1:10:20 15:45	1:15:14 4:54	1:22:51 7:37	1:34:55 12:04	1:43:34 8:39	1:47:13 3:39
D35 (4)					4,3 km 190 Hm			15 P								
			1(54) 15(43)	2(58) Ziel	3(55)	4(38)	5(56)	6(50)	7(32)	8(31)	9(57)	10(40)	11(41)	12(42)	13(45)	
1		Farina Freigang Bielefelder TG	1:09:44	3:44 3:44 1:06:54 2:04	8:09 4:25 1:09:44 2:50	16:32 8:23	19:30 2:58 4:44	24:14 4:44	33:34 9:20	36:28 2:54	44:56 8:28	48:44 3:48	54:20 5:36	57:21 3:01	59:02 1:41	1:03:43 4:41
2		Dorothea Kirves TG 1860 Münden	1:34:49	6:18 6:18 1:29:51 3:17	13:16 6:58 1:34:49 4:58	20:08 6:52	23:07 2:59	29:24 6:17	40:12 10:48	45:05 4:53	53:28 8:23	58:41 5:13	1:06:00 7:19	1:11:20 5:20	1:13:40 2:20	1:24:32 10:52
3		Claudia Weigert TV Jahn Wolfsburg	1:51:00	7:03 7:03 1:46:09 3:26	15:22 8:19 1:51:00 4:51	23:00 7:38	26:06 3:06	33:29 7:23	45:36 12:07	52:27 6:51	59:15 6:48	1:05:23 6:08	1:16:51 11:28	1:22:21 5:30	1:25:48 3:27	1:40:50 15:02
4		Nicole Frank SV Hildesia Diekholz	1:52:55	7:00 7:00 1:48:15 3:28	16:44 9:44 1:52:55 4:40	24:53 8:09	28:03 3:10	35:40 7:37	47:30 11:50	54:35 7:05	1:01:19 6:44	1:07:29 6:10	1:19:08 11:39	1:24:31 5:23	1:27:40 3:09	1:42:47 15:07
H35 (5)					5,0 km 230 Hm			18 P								
			1(47) 15(43)	2(31) 16(45)	3(32) 17(44)	4(35) 18(46)	5(34) Ziel	6(33)	7(48)	8(38)	9(49)	10(50)	11(51)	12(40)	13(66)	
1		Thorsten Weigert TV Jahn Wolfsburg	1:05:59	2:13 2:13 1:00:16 2:25	3:54 1:41 1:03:25 2:03	8:00 4:06 1:04:45 1:06	16:17 8:17 1:05:59 1:20	17:41 1:24 1:05:59 1:14	20:22 2:41	25:16 4:54	35:10 9:54	37:36 2:26	43:00 5:24	47:51 4:51	53:39 5:48	56:37 2:58
2		Michael Steube Turn-Klubb zu Hann	1:07:57	2:14 2:14 1:01:00 3:48	3:55 1:41 1:04:11 3:11	8:29 4:34 1:05:16 1:05	16:05 7:36 1:06:38 1:22	17:28 1:23 1:07:57 1:19	19:13 1:45	24:39 5:26	33:50 9:11	35:37 1:47	42:08 6:31	46:09 4:01	53:00 6:51	56:10 3:10
3		Sergei Roskop Braunschweiger MTV	1:18:09	1:12:12 2:52	1:14:11 1:59	1:15:14 1:03	1:16:49 1:35	1:18:09 1:20	23:55 1:32	30:54 6:59	41:02 10:08	45:02 4:00	53:26 8:24	58:30 5:04	1:05:15 6:45	1:08:23 3:08

Pl	Stnr	Name	Zeit	4,3 km 210 Hm		14 P										
			1(51) Ziel	2(32)	3(33)	4(34)	5(35)	6(48)	7(38)	8(39)	9(40)	10(53)	11(42)	12(43)	13(52)	
H45 (14)																
1		Johan Sisell Braunschweiger MT	46:13	2:45	5:19	11:06	12:24	13:37	19:00	25:28	29:10	36:55	40:05	40:45	42:31	43:51
			2:45	2:34	5:47	1:18	1:13	5:23	6:28	3:42	7:45	3:10	0:40	1:46	1:20	
			46:13													
			1:07													
2		Rolf Breckle Bovender SV	52:16	4:36	7:33	13:30	14:38	15:43	21:15	27:04	31:21	40:28	44:57	45:45	48:08	49:33
			4:36	2:57	5:57	1:08	1:05	5:32	5:49	4:17	9:07	4:29	0:48	2:23	1:25	
			52:16													
			1:22													
3		Martin Hensseler MTV Seesen	53:31	2:34	5:08	11:52	13:22	14:37	20:09	28:25	32:16	42:28	46:48	47:34	49:29	50:51
			2:34	2:34	6:44	1:30	1:15	5:32	8:16	3:51	10:12	4:20	0:46	1:55	1:22	
			53:31													
			1:10													
4		Björn Frieling TuS Bergen	56:48	4:17	6:55	13:18	15:16	16:16	21:16	28:15	32:17	40:27	44:16	45:50	53:02	54:24
			4:17	2:38	6:23	1:58	1:00	5:00	6:59	4:02	8:10	3:49	1:34	7:12	1:22	
			56:48													
			1:13													
5		Michael Hesse SV Wissenschaft Qu	1:11:54	3:34	7:34	15:46	17:40	18:59	27:34	36:41	41:21	52:52	59:32	1:01:44	1:06:10	1:08:30
			3:34	4:00	8:12	1:54	1:19	8:35	9:07	4:40	11:31	6:40	2:12	4:26	2:20	
			1:11:54													
			1:35													
6		Oliver Hillebrandt OLV Uslar	1:15:34	3:53	6:56	14:42	19:40	21:12	31:55	40:52	47:12	59:30	1:04:04	1:04:57	1:10:26	1:12:10
			3:53	3:03	7:46	4:58	1:32	10:43	8:57	6:20	12:18	4:34	0:53	5:29	1:44	
			1:15:34													
			1:21													
7		Paulo Urzua Torres TV Jahn Wolfsburg	1:16:49	4:37	10:19	17:54	19:48	21:03	28:17	43:42	50:06	1:01:20	1:06:23	1:07:24	1:11:24	1:13:10
			4:37	5:42	7:35	1:54	1:15	7:14	15:25	6:24	11:14	5:03	1:01	4:00	1:46	
			1:16:49													
			1:29													
8		Daniel Liebing Bovender SV	1:17:05	6:48	11:38	20:23	22:24	24:05	32:05	41:42	47:32	1:00:04	1:05:02	1:06:04	1:10:12	1:12:18
			6:48	4:50	8:45	2:01	1:41	8:00	9:37	5:50	12:32	4:58	1:02	4:08	2:06	
			1:17:05													
			1:29													
9		Marcel Frank SV Hildesia Diekholz	1:25:02	4:43	8:25	17:26	19:20	23:35	33:56	45:21	50:43	1:04:46	1:12:15	1:13:19	1:17:49	1:20:03
			4:43	3:42	9:01	1:54	4:15	10:21	11:25	5:22	14:03	7:29	1:04	4:30	2:14	
			1:25:02													
			1:18													
10		Gunnar Grote OLV Uslar	1:48:04	14:12	17:36	28:24	31:10	33:27	41:50	53:26	1:00:22	1:13:34	1:21:06	1:22:21	1:38:46	1:42:44
			14:12	3:24	10:48	2:46	2:17	8:23	11:36	6:56	13:12	7:32	1:15	16:25	3:58	
			1:48:04													
			3:00													
11		Ingo Krätz TV Jahn Wolfsburg	2:06:49	8:41	14:17	33:26	36:29	39:23	53:00	1:15:20	1:23:35	1:41:57	1:49:59	1:54:27	1:59:31	2:02:35
			8:41	5:36	19:09	3:03	2:54	13:37	22:20	8:15	18:22	8:02	4:28	5:04	3:04	
			2:06:49													
			1:54													
12		Ansgar Esztermann-I OLV Uslar	2:09:55	11:11	16:51	28:16	32:58	35:08	45:18	1:03:38	1:33:47	1:46:54	1:54:18	1:58:59	2:02:33	2:05:00
			11:11	5:40	11:25	4:42	2:10	10:10	18:20	30:09	13:07	7:24	4:41	3:34	2:27	
			2:09:55													
			2:02													
AK		Henry Jahn SV Bad Dübén	1:07:35	5:16	9:42	18:07	19:46	21:19	28:03	35:52	41:08	52:56	57:56	58:52	1:02:21	1:04:11
			5:16	4:26	8:25	1:39	1:33	6:44	7:49	5:16	11:48	5:00	0:56	3:29	1:50	
			1:07:35		59:39											
			1:37		*67											
		Joachim Stamer MTK Bad Harzburg	N Ang													
D55 (10)																
			1(62)	2(50)	3(32)	4(31)	5(60)	6(61)	7(57)	8(40)	9(53)	10(43)	11(44)	12(45)	Ziel	
1		Liisa Rihko-Struckm Braunschweiger MT	48:45	4:47	8:19	12:10	18:30	20:08	22:36	27:33	34:13	39:34	42:55	45:28	46:52	48:45
			4:47	3:32	3:51	6:20	1:38	2:28	4:57	6:40	5:21	3:21	2:33	1:24	1:53	
			38:32													
			*66													
2		Ulrike Korff SC Achmer	51:22	4:22	7:49	11:13	20:05	21:24	23:39	28:11	36:34	41:23	45:51	48:40	49:50	51:22
			4:22	3:27	3:24	8:52	1:19	2:15	4:32	8:23	4:49	4:28	2:49	1:10	1:32	
3		Andrea Finkenstädt OLV Uslar	54:17	7:34	12:29	22:25	27:38	29:19	31:24	35:40	41:07	45:18	48:58	51:19	52:40	54:17
			7:34	4:55	9:56	5:13	1:41	2:05	4:16	5:27	4:11	3:40	2:21	1:21	1:37	
			3:48	6:07	44:33	52:02										
			*57	*54	*66	*96										
4		Esther Knoblauch MTK Bad Harzburg	1:07:51	6:07	11:13	15:52	24:11	26:52	30:26	36:21	46:03	54:22	59:00	1:02:42	1:04:46	1:07:51
			6:07	5:06	4:39	8:19	2:41	3:34	5:55	9:42	8:19	4:38	3:42	2:04	3:05	
5		Susanne Körber OLV Uslar	1:15:20	6:21	10:49	17:37	26:36	32:11	35:57	45:43	54:32	1:01:07	1:05:45	1:10:47	1:13:03	1:15:20
			6:21	4:28	6:48	8:59	5:35	3:46	9:46	8:49	6:35	4:38	5:02	2:16	2:17	
6		Regine Klander-Stra SV Hildesia Diekholz	1:18:02	7:56	13:06	16:56	25:13	27:10	30:04	43:50	52:32	59:29	1:04:02	1:13:30	1:15:26	1:18:02
			7:56	5:10	3:50	8:17	1:57	2:54	13:46	8:42	6:57	4:33	9:28	1:56	2:36	
7		Brigitte Dersch-Koll Ski-Club Helsa	1:35:43	8:29	15:53	21:09	33:05	36:14	39:59	46:47	1:00:28	1:08:18	1:25:30	1:29:51	1:32:17	1:35:43
			8:29	7:24	5:16	11:56	3:09	3:45	6:48	13:41	7:50	17:12	4:21	2:26	3:26	
8		Sylke Höfner OLV Uslar	2:14:04	13:30	22:27	31:28	45:26	50:05	55:35	1:04:12	1:19:14	1:45:03	1:55:27	2:05:57	2:09:38	2:14:04
			13:30	8:57	9:01	13:58	4:39	5:30	8:37	15:02	25:49	10:24	10:30	3:41	4:26	

Pl	Stnr	Name	Zeit	3,1 km 85 Hm					12 P					(Forts.)				
				1(62)	2(50)	3(32)	4(31)	5(60)	6(61)	7(57)	8(40)	9(53)	10(43)	11(44)	12(45)	Ziel		
H65 (10)																		
7		Rochus Souan	1:02:37	5:41	10:12	14:22	21:16	23:27	26:37	32:21	41:09	48:57	54:52	58:15	1:00:00	1:02:37		
		SV Hildesia Diekholz		5:41	4:31	4:10	6:54	2:11	3:10	5:44	8:48	7:48	5:55	3:23	1:45	2:37		
8		Karl-Heinz Seefeld	1:10:06	5:27	10:16	14:19	20:50	22:51	25:29	30:22	41:36	48:12	58:54	1:05:36	1:07:14	1:10:06		
		OLV Uslar		5:27	4:49	4:03	6:31	2:01	2:38	4:53	11:14	6:36	10:42	6:42	1:38	2:52		
9		Wolfgang Mertens	1:54:54	7:29	12:34	18:20	30:13	32:37	36:22	45:28	1:04:28	1:14:42	1:37:46	1:47:44	1:50:34	1:54:54		
		Lutz Tröbe	Fehlst	7:29	5:05	5:46	11:53	2:24	3:45	9:06	19:00	10:14	23:04	9:58	2:50	4:20		
		SV TU Ilmenau		5:34	9:22	12:46	18:19	20:35	22:48	28:29	34:11	-----	-----	-----	-----			
				5:34	3:48	3:24	5:33	2:16	2:13	5:41	5:42							
H75 (9)																		
				2,1 km 55 Hm					9 P									
				1(31)	2(63)	3(64)	4(65)	5(66)	6(67)	7(45)	8(52)	9(43)	Ziel					
1		Dieter Conrad	36:31	5:16	9:50	12:15	14:10	19:25	21:37	26:37	30:06	32:46	36:31	3:42				
		SV Wissenschaft Qu		5:16	4:34	2:25	1:55	5:15	2:12	5:00	3:29	2:40	3:45	*68				
2		Peter Wichmann	45:21	7:41	16:49	19:38	21:29	27:14	29:21	36:25	38:47	41:15	45:21	38:03 42:58				
		USC Magdeburg		7:41	9:08	2:49	1:51	5:45	2:07	7:04	2:22	2:28	4:06	*203 *231				
				5:10	54:59	57:19	1:01:15	1:03:26	1:05:19									
				*209	*211	*243	*239	*201	*200									
3		Gerhard Niederland	46:52	5:53	11:21	14:18	16:01	27:45	31:52	38:46	40:36	43:03	46:52	4:22				
		TSV Schloß Rickling		5:53	5:28	2:57	1:43	11:44	4:07	6:54	1:50	2:27	3:49	*68				
4		Anatolii Lystopadsky	1:01:07	11:34	29:19	34:01	35:26	39:54	43:00	47:34	52:35	56:59	1:01:07					
				11:34	17:45	4:42	1:25	4:28	3:06	4:34	5:01	4:24	4:08					
5		Günter Gohde	1:12:52	15:46	25:39	30:06	32:28	42:40	48:23	1:00:49	1:04:28	1:07:26	1:12:52	5:13				
		Turn-Klubb zu Hann		15:46	9:53	4:27	2:22	10:12	5:43	12:26	3:39	2:58	5:26	*68				
		Abrecht Bergt	Fehlst	14:08	37:38	45:59	49:28	1:05:38	1:11:52	1:38:55	-----	-----						
		TSV Fischerhude		14:08	23:30	8:21	3:29	16:10	6:14	27:03								
AK		Detkef Much	56:09	7:49	13:50	23:40	26:05	30:50	34:01	42:23	45:51	49:34	56:09					
		OLV Uslar		7:49	6:01	9:50	2:25	4:45	3:11	8:22	3:28	3:43	6:35					
		Karlheinz Niescken	N Ang															
		SSV Langenhagen																
		Reinhard Jahn	N Ang															
		Braunschweiger MTV																
D19K (4)																		
				3,1 km 85 Hm					12 P									
				1(62)	2(50)	3(32)	4(31)	5(60)	6(61)	7(57)	8(40)	9(53)	10(43)	11(44)	12(45)	Ziel		
1		Rieke Bruns	51:41	5:03	12:55	16:31	23:20	24:56	27:59	31:58	37:41	41:59	46:04	48:41	50:02	51:41		
		MTK Bad Harzburg		5:03	7:52	3:36	6:49	1:36	3:03	3:59	5:43	4:18	4:05	2:37	1:21	1:39		
2		Uta Hillebrand	53:43	4:43	9:08	12:07	23:26	24:59	26:50	33:45	39:31	43:51	48:22	50:47	51:59	53:43		
		Turn-Klubb zu Hann		4:43	4:25	2:59	11:19	1:33	1:51	6:55	5:46	4:20	4:31	2:25	1:12	1:44		
3		Julia Stark	1:01:24	8:19	12:13	16:45	25:30	27:13	29:28	33:39	41:16	47:05	55:35	58:28	59:45	1:01:24		
		MTV Seesen		8:19	3:54	4:32	8:45	1:43	2:15	4:11	7:37	5:49	8:30	2:53	1:17	1:39		
		Jordan Sophie Meise	N Ang															
		OLV Uslar																
H19K (3)																		
				3,4 km 110 Hm					16 P									
				1(59)	2(31)	3(60)	4(61)	5(32)	6(50)	7(62)	8(51)	9(57)	10(40)	11(53)	12(42)	13(45)		
				15(52)	16(43)	Ziel												
1		Christian Röck	46:05	1:42	3:18	4:39	6:48	12:35	15:06	18:45	21:25	22:52	28:18	34:45	35:30	39:01		
		SV Hildesia Diekholz		1:42	1:36	1:21	2:09	5:47	2:31	3:39	2:40	1:27	5:26	6:27	0:45	3:31		
				41:01	43:21	46:05		8:14										
				0:38	2:20	2:44		*68										
2		Theo Darimond	49:39	7:05	9:12	11:07	12:41	17:18	22:49	25:12	28:29	30:22	35:20	38:52	39:42	43:51		
		TG 1860 Münden		7:05	2:07	1:55	1:34	4:37	5:31	2:23	3:17	1:53	4:58	3:32	0:50	4:09		
				46:05	47:36	49:39		1:21										
				0:41	1:31	2:03		*69										
3		Jannik Richter	1:13:45	6:23	9:08	11:51	17:10	24:57	29:47	34:24	38:06	40:13	50:00	55:56	57:49	1:03:23		
		Turn-Klubb zu Hann		6:23	2:45	2:43	5:19	7:47	4:50	4:37	3:42	2:07	9:47	5:56	1:53	5:34		
				1:06:13	1:09:09	1:13:45												
				0:49	2:56	4:36												
Offen (8)																		
				1,9 km 35 Hm					8 P									
				1(69)	2(70)	3(63)	4(71)	5(72)	6(73)	7(64)	8(76)	Ziel						
1		Ulf Schindehütte	18:45	1:52	5:22	7:21	9:44	11:23	14:13	16:59	18:08	18:45						
		OLV Uslar		1:52	3:30	1:59	2:23	1:39	2:50	2:46	1:09	0:37						
2		Tim Schauzu	21:48	1:48	4:50	9:22	11:32	12:49	17:59	20:02	21:12	21:48						
		MTV Seesen		1:48	3:02	4:32	2:10	1:17	5:10	2:03	1:10	0:36						
3		Simon Bajorat	24:51	2:00	6:48	9:41	11:24	12:41	16:35	23:09	24:16	24:51						
		MTV Seesen		2:00	4:48	2:53	1:43	1:17	3:54	6:34	1:07	0:35						
4		Meike Gärtner	30:14	1:49	7:36	10:25	13:50	16:10	21:20	26:45	28:19	30:14						
		MTK Bad Harzburg		1:49	5:47	2:49	3:25	2:20	5:10	5:25	1:34	1:55						
5		Günter Stark	30:17	2:31	7:35	10:17	13:29	16:27	22:57	26:41	29:10	30:17						
		MTV Seesen		2:31	5:04	2:42	3:12	2:58	6:30	3:44	2:29	1:07						
6		Beate Dobra	30:48	2:27	5:47	17:44	19:48	22:10	26:03	28:35	30:04	30:48	27:17					
		SV Bad Döben		2:27	3:20	11:57	2:04	2:22	3:53	2:32	1:29	0:44	*75					

Pl	Stnr	Name	Zeit	1,9 km 35 Hm			8 P		(Forts.)							
			1(69)	2(70)	3(63)	4(71)	5(72)	6(73)	7(64)	8(76)	Ziel					
Offen (8)																
7		Viktoria Steube	49:19	4:50	12:23	21:03	26:47	32:23	40:15	45:16	47:34	49:19				
		Turn-Klubb zu Hann		4:50	7:33	8:40	5:44	5:36	7:52	5:01	2:18	1:45				
8		Leonia Schiller/ Sara	52:55	2:23	16:36	24:20	27:56	29:35	44:59	50:25	51:42	52:55				
		MTV Seesen		2:23	14:13	7:44	3:36	1:39	15:24	5:26	1:17	1:13				
D/H10b (7)																
			1(69)	2(63)	3(71)	4(72)	5(74)	6(75)	7(76)	Ziel						
1		Tillmann Tröbe	17:36	2:16	3:55	8:35	10:34	12:44	14:37	16:26	17:36	16:27	16:27	16:28	16:29	
		TSG Königslutter		2:16	1:39	4:40	1:59	2:10	1:53	1:49	1:10	*76	*76	*76	*76	
2		Samuel Hofmeister	21:45	2:51	6:31	11:00	13:11	16:00	18:17	20:40	21:45					
		MTK Bad Harzburg		2:51	3:40	4:29	2:11	2:49	2:17	2:23	1:05					
3		Mateo Hofmeister	22:18	3:11	6:50	11:23	13:15	16:13	18:26	21:02	22:18					
		MTK Bad Harzburg		3:11	3:39	4:33	1:52	2:58	2:13	2:36	1:16					
4		Eleonora Cvasniuc	22:36	3:08	6:26	9:31	12:20	17:27	19:21	21:54	22:36					
		TV Jahn Wolfsburg		3:08	3:18	3:05	2:49	5:07	1:54	2:33	0:42					
5		Artur Cvasniuc	37:20	3:17	5:15	8:00	9:27	32:50	34:06	36:22	37:20					
		TV Jahn Wolfsburg		3:17	1:58	2:45	1:27	23:23	1:16	2:16	0:58					
		Vincent Kaiser	N Ang													
		MTV Seesen														
		Marten Breckle	N Ang													
		Bovender SV														
D/H10 (5)																
			1(69)	2(63)	3(71)	4(72)	5(74)	6(75)	7(76)	Ziel						
1		Jesper Bruns	16:11	3:18	6:01	8:18	10:05	11:55	13:06	14:42	16:11					
		MTK Bad Harzburg		3:18	2:43	2:17	1:47	1:50	1:11	1:36	1:29					
2		Luca Fiedler	20:16	5:09	7:46	11:11	12:37	15:59	17:13	19:23	20:16	0,00	0,00	0,00	0,00	
		OLV Uslar		5:09	2:37	3:25	1:26	3:22	1:14	2:10	0:53	*31	*32	*33	*34	
				0,00	0,00											
				*36	*37											
3		Jameson Sachs	25:50	3:00	5:16	17:16	19:06	20:57	22:32	25:10	25:50					
		MTV Seesen		3:00	2:16	12:00	1:50	1:51	1:35	2:38	0:40					
4		Raya Frank	31:41	4:50	9:17	14:25	23:14	26:28	28:25	30:51	31:41					
		SV Hildesia Diekholz		4:50	4:27	5:08	8:49	3:14	1:57	2:26	0:50					
AK		Robin von Gaza	1:06:43	5:11	19:50	24:43	33:36	1:00:49	1:03:37	1:05:21	1:06:43					
		OLV Uslar		5:11	14:39	4:53	8:53	27:13	2:48	1:44	1:22					
H19L (20)																
			1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(38)	9(39)	10(40)	11(41)	12(42)	13(43)	
			15(45)	16(46)	Ziel											
1		Ole Hennseler	47:46	2:50	6:10	11:44	13:12	14:07	21:37	23:21	28:56	32:12	39:07	41:01	42:09	44:03
		MTV Seesen		2:50	3:20	5:34	1:28	0:55	7:30	1:44	5:35	3:16	6:55	1:54	1:08	1:54
				46:17	46:45	47:46		2:10								
				0:48	0:28	1:01		*68								
2		Matti Bruns	48:56	2:48	6:13	12:10	13:21	14:23	21:31	22:55	28:43	31:57	38:52	40:49	43:24	45:17
		MTK Bad Harzburg		2:48	3:25	5:57	1:11	1:02	7:08	1:24	5:48	3:14	6:55	1:57	2:35	1:53
				47:26	47:54	48:56		2:12								
				0:46	0:28	1:02		*68								
3		Christoph Hofmeister	49:22	2:30	6:09	11:12	13:01	13:56	21:30	23:04	28:31	32:21	40:13	42:21	43:35	45:27
		MTK Bad Harzburg		2:30	3:39	5:03	1:49	0:55	7:34	1:34	5:27	3:50	7:52	2:08	1:14	1:52
				47:51	48:22	49:22		1:51								
				0:47	0:31	1:00		*68								
4		Fabian Ulbrich	53:01	3:01	6:43	12:26	13:57	14:45	22:23	24:11	30:27	34:21	42:11	44:49	46:19	48:30
		OLV Uslar		3:01	3:42	5:43	1:31	0:48	7:38	1:48	6:16	3:54	7:50	2:38	1:30	2:11
				51:09	51:39	53:01										
				0:54	0:30	1:22										
5		Sören Riechers	53:03	2:47	6:15	11:07	12:23	13:31	20:50	22:23	29:17	33:11	42:15	44:34	47:04	49:00
		Bielefelder TG		2:47	3:28	4:52	1:16	1:08	7:19	1:33	6:54	3:54	9:04	2:19	2:30	1:56
				51:32	52:00	53:03		2:04								
				0:55	0:28	1:03		*68								
6		Patrick Hofmeister	53:04	2:49	5:56	11:22	12:37	13:52	22:40	24:21	31:08	34:26	42:42	45:12	46:40	48:42
		MTK Bad Harzburg		2:49	3:07	5:26	1:15	1:15	8:48	1:41	6:47	3:18	8:16	2:30	1:28	2:02
				51:32	52:05	53:04		2:08								
				0:52	0:33	0:59		*68								
7		Jan Klose	56:55	3:32	7:43	13:22	14:42	15:50	24:27	26:29	33:19	37:26	45:43	48:12	49:40	52:57
		MTV Seesen		3:32	4:11	5:39	1:20	1:08	8:37	2:02	6:50	4:07	8:17	2:29	1:28	3:17
				55:27	56:01	56:55										
				0:56	0:34	0:54										
8		Markus Müller	1:00:16	3:24	7:38	14:41	16:03	17:25	26:31	28:26	35:10	39:12	48:33	51:02	52:41	55:12
		OSC Kassel		3:24	4:14	7:03	1:22	1:22	9:06	1:55	6:44	4:02	9:21	2:29	1:39	2:31
				58:21	58:56	1:00:16										
				1:05	0:35	1:20										
9		Moritz Kuntze	1:06:25	5:03	8:03	19:48	20:59	22:53	32:22	34:37	41:28	45:41	54:24	56:26	59:02	1:02:11
		OLV Weimar		5:03	3:00	11:45	1:11	1:54	9:29	2:15	6:51	4:13	8:43	2:02	2:36	3:09
				1:04:52	1:05:24	1:06:25		17:44	1:03:18							
				1:00	0:32	1:01		*34	*52							

Pl	Stnr	Name	Zeit	5,6 km 270 Hm			16 P		(Forts.)							
				1(31) 15(45)	2(32) 16(46)	3(33) Ziel	4(34)	5(35)	6(36)	7(37)	8(38)	9(39)	10(40)	11(41)	12(42)	13(43)
H19L (20)																
10		Tom Buchholz MTK Bad Harzburg	1:06:26	3:27 3:27 1:04:36 0:53	9:51 6:24 1:05:11 0:35	17:28 7:37 1:06:26 1:15	19:32 2:04	20:57 1:25	30:38 9:41	32:32 1:54	39:18 6:46	43:20 4:02	52:12 8:52	54:44 2:32	56:19 1:35	1:01:36 5:17
11		Leon Kollenbach Ski-Club Helsa	1:10:27	3:28 3:28 1:08:47 1:13	9:01 5:33 1:09:11 0:24	15:47 6:46 1:10:27 1:16	17:37 1:50	18:56 1:19	30:38 11:42	33:03 2:25	41:51 8:48	48:00 6:09	57:48 9:48	1:01:18 3:30	1:03:12 1:54	1:05:12 2:00
12		Mika Wendler SV Wissenschaft Qu	1:13:34	3:27 3:27 1:11:30 1:00	9:44 6:17 1:12:11 0:41	17:03 7:19 1:13:34 1:23	18:54 1:51	20:42 1:48	33:17 12:35	35:24 2:07	43:48 8:24	48:30 4:42	1:00:24 11:54	1:03:13 2:49	1:06:06 2:53	1:08:14 2:08
13		Jan Kaminsky BSV Halle-Ammendo	1:14:14	5:23 5:23 1:12:26 0:58	11:35 6:12 1:13:01 0:35	20:47 9:12 1:14:14 1:13	22:33 1:46	23:59 1:26	33:47 9:48	35:55 2:08	44:13 8:18	49:06 4:53	58:48 9:42	1:02:28 3:40	1:04:30 2:02	1:09:43 5:13
14		Malte Finkenstädt OLV Uslar	1:17:10	3:35 3:35 1:15:25 1:09	7:57 4:22 1:15:59 0:34	18:41 10:44 1:17:10 1:11	21:14 2:33	22:55 1:41	35:05 12:10	37:11 2:06	45:23 8:12	49:52 4:29	1:01:23 11:31	1:06:35 5:12	1:08:22 1:47	1:12:18 3:56
15		Bennet Grote OLV Uslar	1:17:50	3:48 3:48 1:15:49 1:13	8:05 4:17 1:16:28 0:39	16:16 8:11 1:17:50 1:22	18:34 2:18	20:00 1:26	31:41 11:41	34:24 2:43	44:22 9:58	49:28 5:06	1:00:47 11:19	1:05:48 5:01	1:09:18 3:30	1:12:06 2:48
16		Jakob Eberwien OLV Uslar	1:18:10	3:45 3:45 1:16:10 1:06	8:14 4:29 1:16:49 0:39	18:04 9:50 1:18:10 1:21	20:01 1:57	21:16 1:15	32:55 11:39	35:00 2:05	44:20 9:20	50:32 6:12	59:52 9:20	1:02:40 2:48	1:06:05 3:25	1:11:07 5:02
17		Christian Duesmann TuS Lübbecke	1:28:53	3:08 3:08 1:24:37 1:26	7:51 4:43 1:27:11 2:34	17:03 9:12 1:28:53 1:42	19:38 2:35	21:26 1:48	35:11 13:45	38:19 3:08	47:50 9:31	53:34 5:44	1:07:29 13:55	1:11:23 3:54	1:15:04 3:41	1:18:15 3:11
		Marco Urzua Wöhler TV Jahn Wolfsburg	Aufg	6:45 6:45 -----	13:34 6:49 -----	27:49 14:15 1:04:30	32:36 4:47	34:37 2:01 4:51	----- ----- *68	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----
		Vassilios Marakis SV Hildesia Diekholz	Aufg	22:19 22:19 -----	27:42 5:23 -----	45:38 17:56 1:45:01	52:52 7:14	54:34 1:42	1:09:32 14:58	1:14:41 5:09	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
		Toshinari Morikawa	N Ang			30:20										
D19L (10)																
				1(51) Ziel	2(32)	3(33)	4(34)	5(35)	6(48)	7(38)	8(39)	9(40)	10(53)	11(42)	12(43)	13(52)
1		Birte Friedrichs MTV Seesen	49:52	3:07 3:07 49:52 1:10	5:47 2:40	12:00 6:13	13:29 1:29	14:50 1:21	20:07 5:17	25:25 5:18	29:03 3:38	37:49 8:46	41:05 3:16	43:24 2:19	46:07 2:43	47:24 1:17
2		Hanna Czerlinski MTV Seesen	1:02:13	2:54 2:54 1:02:13 1:18	6:31 3:37	14:17 7:46	16:52 2:35	18:43 1:51	26:54 8:11	35:13 8:19	39:50 4:37	49:41 9:51	53:56 4:15	54:55 0:59	57:28 2:33	58:49 1:21
3		Jessica Drese OLV Uslar	1:06:26	3:58 3:58 1:06:26 1:46	7:25 3:27	15:16 7:51	17:02 1:46	18:50 1:48	26:48 7:58	34:28 7:40	39:33 5:05	52:27 12:54	57:22 4:55	58:22 1:00	1:01:30 3:08	1:03:13 1:43
4		Lea Reppnow OLV Uslar	1:10:23	5:18 5:18 1:10:23 1:34	11:29 6:11	19:28 7:59	21:16 1:48	22:54 1:38	30:51 7:57	38:45 7:54	43:39 4:54	56:38 12:59	1:01:16 4:38	1:02:34 1:18	1:05:35 3:01	1:07:21 1:46
5		Marie Hofmeister MTK Bad Harzburg	1:11:06	3:07 3:07 1:11:06 1:53	6:54 3:47	14:49 7:55	16:38 1:49	18:29 1:51	25:43 7:14	37:34 11:51	42:31 4:57	56:07 13:36	1:01:04 4:57	1:03:18 2:14	1:05:58 2:40	1:07:33 1:35
6		Pia Buchholz MTK Bad Harzburg	1:13:42	4:35 4:35 1:13:42 1:50	8:18 3:43	17:53 9:35	20:11 2:18	21:55 1:44	29:55 8:00	39:22 9:27	45:14 5:52	58:36 13:22	1:03:53 5:17	1:05:04 1:11	1:08:44 3:40	1:10:18 1:34
7		Louisa Kollenbach Ski-Club Helsa	1:36:32	4:12 4:12 1:36:32 1:49	8:59 4:47	23:27 14:28	27:09 3:42	29:19 2:10	39:37 10:18	50:21 10:44	57:38 7:17	1:14:02 16:24	1:22:12 8:10	1:25:47 3:35	1:29:52 4:05	1:32:22 2:30

